

Integumentary System

Learning Objectives

- I can identify the major structures and functions of the integumentary (skin, hair, nails) system.(5.1a)
- I can describe the importance of maintaining a healthy integumentary system.(5.2a)
- I can describe ways to care for the integumentary system. (ex: personal hygiene, sun safety) (5.3a)

Teacher Notes

- This lesson will include many pauses that will involve student response or time to design. Please pause the video as instructed for as long as needed.

Lesson Steps: Video Outline

[Integumentary System Video](#)

Step 1 Introduction

- Pre Assessment
 - What parts of the body make up the integumentary system?
 - What does the integumentary system do? Why is it so important?

Step 2 Activity

- Movement Design: students will choose/create a movement that simulates something you can do to take care of your integumentary system. (ex: personal hygiene, sunscreen, etc..)

Step 3 Closure

- Discussion of Movement Design choices: Why did you choose that movement? How did it demonstrate proper care of the integumentary system?

Assessments

- Pre: Questions will introduce topic, engage learners, and access prior knowledge
- Post: This or That will demonstrate student understanding of material covered during class. Teacher will observe student choices to determine level of understanding.



Sample Lesson Plan
Virginia 2021 SOL Edition
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Integumentary System
GR-5-BOD-8
Fifth Grade- 5.1a, 5.2a, 5.3a

Extensions/Connections/Applications

- Implementing teacher can have students create an informational flyer that describes how to take care of the Integumentary System. The flyer could be designed with the idea that a new student has just joined the class and needs more information on how to care for their skin, hair and nails.

Resources/References

- [Kids Health - Your Nails](#)
- [Kids Health - Your Skin](#)
- [Kids Health - Your Hair](#)